

# EXILIS ULTRA 360™

Distinguished by  
its sheer versatility





sales@btlnet.com  
exilis.com

In the EU: The EXILIS ULTRA 360™ is intended for obesity treatment by means of controlled reduction of fat cells, induced by radiofrequency field in cooperation with ultrasound. Treatment of sexual dysfunction after vaginal delivery by means of improvement of vaginal laxity. ©2019 BTL Group of Companies. All rights reserved. The products, the methods of manufacture or the use may be subject to one or more U.S. or foreign patents or pending applications.

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Treat:

**DIFFERENT CONDITIONS** such as wrinkles, skin laxity and excessive fat.

**VARIOUS AREAS** including the face, body and women's intimate parts.

**EVERY BODY** with literally no BMI or skin type limitations.

# TREAT EVERYBODY



- ✓ All skin types
- ✓ BMI without limitation
- ✓ Men & women of all ages\*

\*Adult patients

# FROM HEAD TO TOE



Face .....



Wrinkles & Skin Laxity

Body .....



Fat Reduction & Skin Tightening

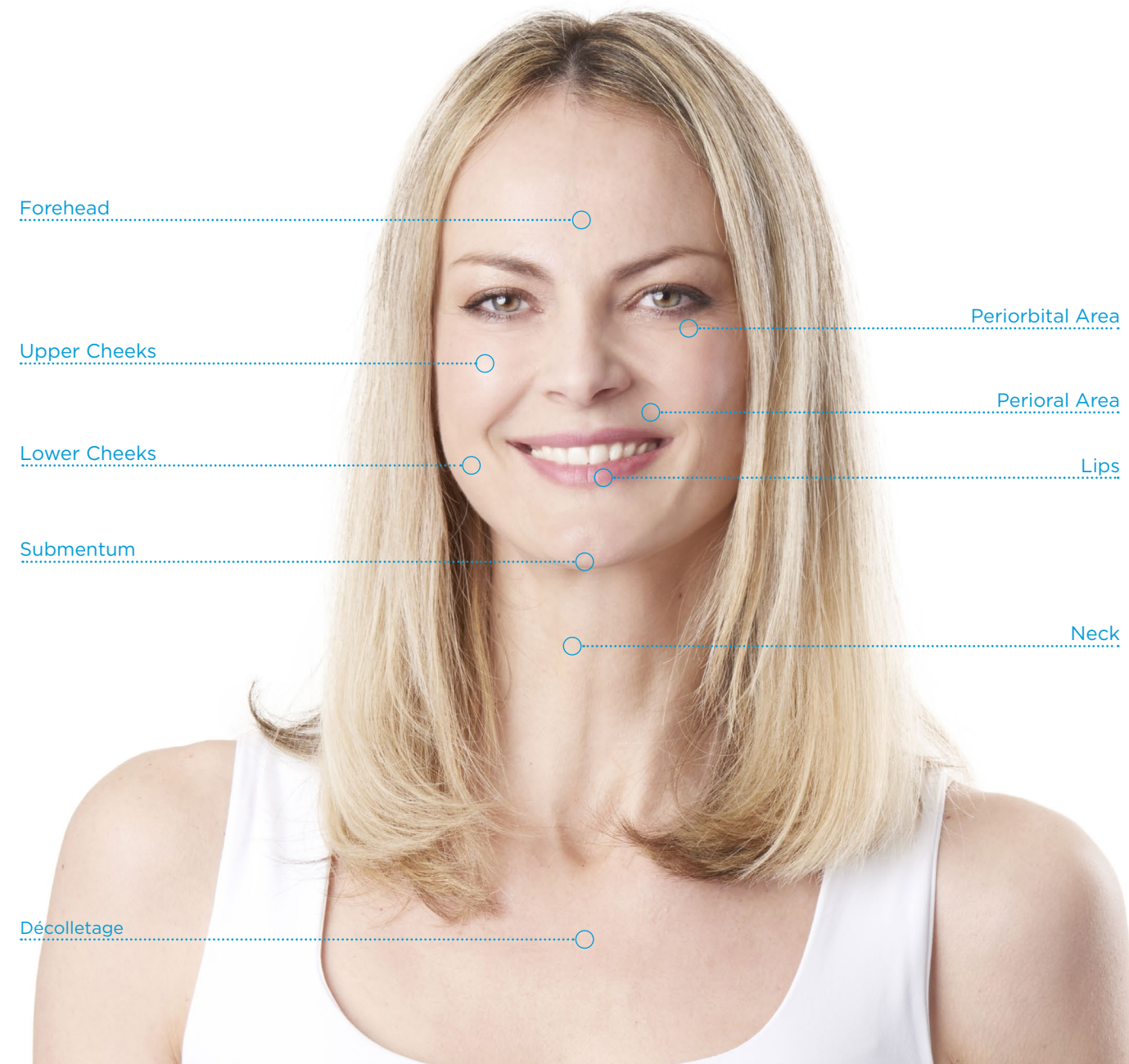
Intimate Areas .....



Vaginal Laxity



# FACE: WRINKLE REDUCTION



**42%**  
Reduction  
in wrinkles<sup>1</sup>

**2.9x**  
Increase  
in collagen<sup>2</sup>

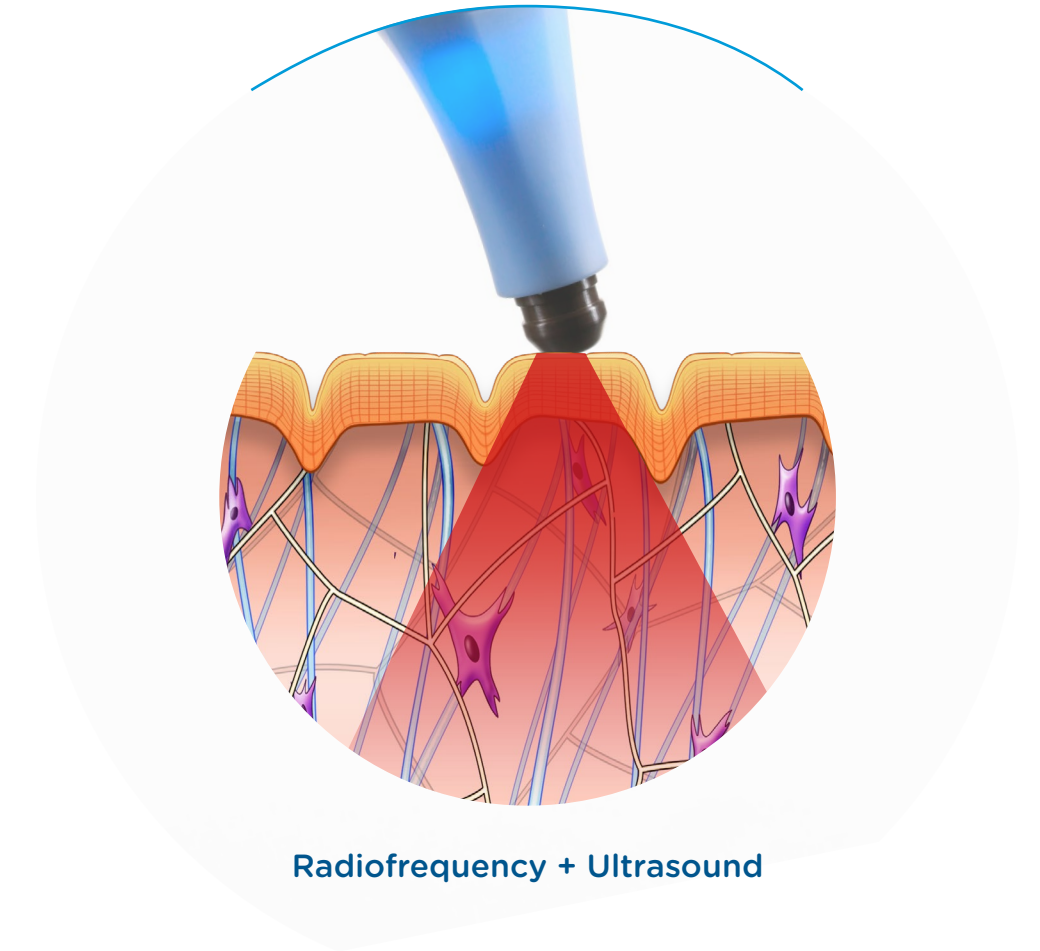
**19%**  
Increase  
in skin density<sup>1</sup>

# SKIN LAXITY IMPROVEMENT

Skin rejuvenation and wrinkle reduction results are delivered in shorter treatment times due to 360° Volumetric Heating.

Focused thermal energy disrupts collagen fibers. Collagen triple-helix structure is affected by heat and the unravelling process is initiated. **Natural healing process encourages fibroblasts to produce new collagen fibers.**

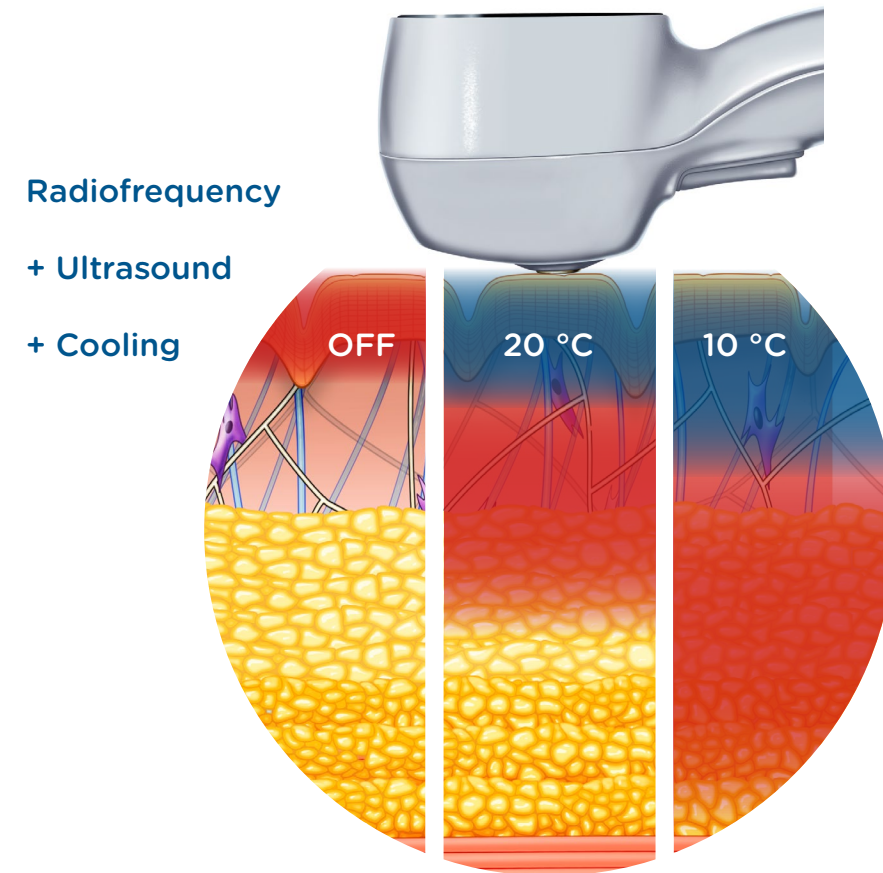
- Treatment of difficult-to-reach areas, such as the periorbital area, has improved with the specially designed **360° applicator tip**.
- **Larger contact area** ensures delivery of even more consistent results.



# BODY: FAT REDUCTION

Skin tightening and fat reduction results can be achieved on different body areas without any BMI or skin type limitations.

- **Controlled heating** and **cooling** enable energy delivery to the various depths in the tissue.
- Changing the cooling during treatment allows you to treat **deep tissue all the way up to the superficial layer**.
- **Real time temperature monitoring** provides additional control for accurate tissue heating.
- Applicator design enables user to check the temperature and adjust treatment parameters.



# SKIN TIGHTENING

**35%**  
Reduction  
in skin laxity<sup>1</sup>

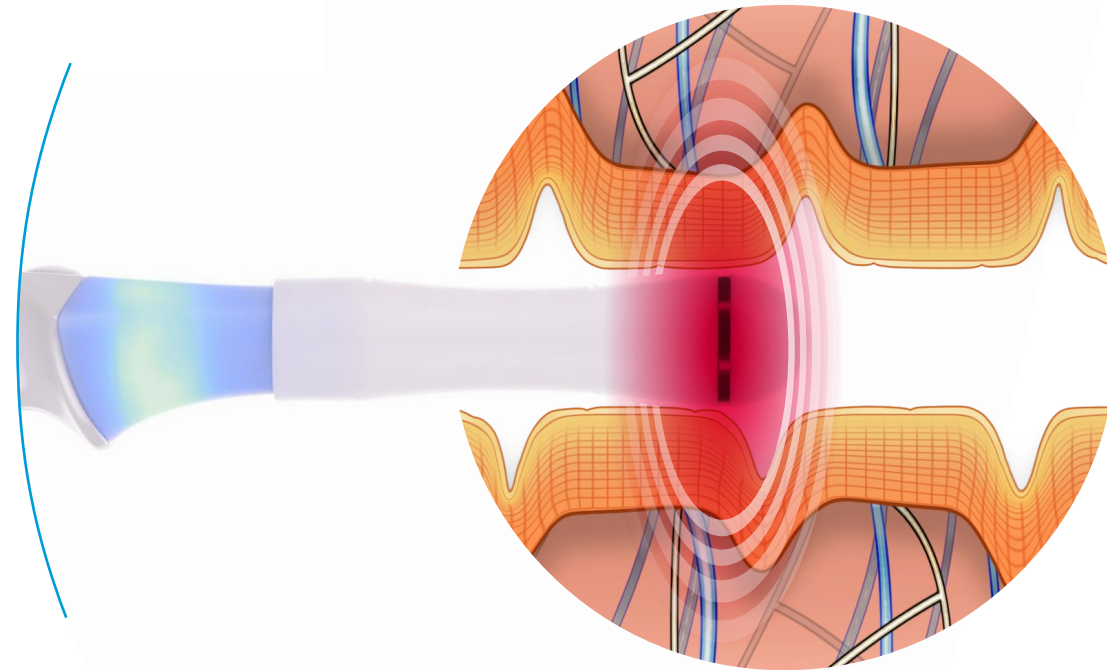
**6.4x**  
Increase in  
apoptotic index<sup>3</sup>

**92%**  
Recognition  
rate for different  
body areas<sup>4</sup>





# WOMEN'S INTIMATE AREAS



**96%**

Vaginal tightness improvement<sup>7</sup>

**93%**

Sexual satisfaction improvement<sup>7</sup>

**37%**

Increase in elastin content<sup>8</sup>

The procedure utilizes a **smooth in-and-out motion** ensuring the maximum level of comfort. **No need to perform a side-firing motion**, forcing the provider to twist and turn the applicator inside the vaginal canal.

# LAXITY ENHANCEMENT

Shortest RF treatment on the market due to the 360° applicator tips.

- **360° Volumetric Heating** for faster, safer and more comfortable treatment of female intimate parts.
- **Plug & Play tips** of various sizes for treatment of internal and external genitalia.
- Groundbreaking **Energy Flow Control (EFC)** system with integrated Impedance Intelligence ensures uniform heating of targeted tissue.



Vulvar treatment with the EXILIS ULTRA 360 includes treatment of labia majora, perineum, mons pubis and introitus.

# FROM HEAD TO TOE

BEFORE



AFTER EXILIS ULTRA 360



AFTER 4<sup>th</sup> TREATMENT, COURTESY OF: JAYE BIRD AESTHETICS CLINIC

BEFORE



AFTER EXILIS ULTRA 360



AFTER 4<sup>th</sup> TREATMENT, COURTESY OF: BTL AESTHETICS

BEFORE



COURTESY OF: JAYE BIRD AESTHETICS CLINIC

AFTER EXILIS ULTRA 360



AFTER 5<sup>th</sup> TREATMENT

BEFORE



AFTER EXILIS ULTRA 360



AFTER 4<sup>th</sup> TREATMENT, COURTESY OF: BTL AESTHETICS

BEFORE



AFTER EXILIS ULTRA 360



AFTER 4<sup>th</sup> TREATMENT, COURTESY OF: BTL AESTHETICS



PROVEN EFFICACY OF ACCELERATED  
DOUBLE-INJURY PROTOCOL: BIOPSY,  
ULTRASOUND, CLINICAL OBSERVATIONS

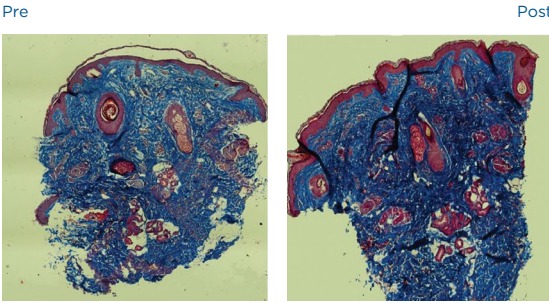
TWO-TREATMENT PROTOCOL FOR SKIN LAXITY USING 90-WATT  
DYNAMIC MONOPOLAR RADIOFREQUENCY DEVICE WITH  
REAL-TIME IMPEDANCE MONITORING

David McDaniel M.D.,<sup>1</sup> Robert Weiss M.D.,<sup>2</sup> Margaret Weiss M.D.,<sup>2</sup>  
Chris Mazur BS,<sup>1</sup> and Charrnaie Griffin CCR P<sup>1</sup>

1. McDaniel Institute of Anti-Aging Research, Virginia Beach, VA; 2. Maryland Laser Skin & Vein Institute, Hunt Valley, MD

HIGHLIGHTS

- 24 female subjects enrolled and treated for facial skin laxity.
- 2 treatments with double treatment time instead of 4 standard treatments.
- Results show **35% reduction in skin laxity, 42% reduction in facial wrinkles and 33% reduction in the appearance of global photodamage.**
- Histological analysis of biopsy samples proves significant increase in dermal collagen and elastin fibers.
- **19% increase in skin density** evidenced by ultrasound measurements.



Masson staining in one subject demonstrates increased Collagen (blue) at 3 months post treatment.

1. MCDANIEL, David, et al. Two-treatment protocol for skin laxity using 90-Watt dynamic monopolar radiofrequency device with real-time impedance intelligence monitoring. Journal of drugs in dermatology: JDD, 2014, 13.9: 1112-1117.

HISTOLOGICAL STUDY: THE  
INCREASE OF THE COLLAGEN  
CONTENT IN THE TISSUE

EFFICACY OF MONOPOLAR RADIOFREQUENCY  
ON SKIN COLLAGEN REMODELING:  
A VETERINARY STUDY.

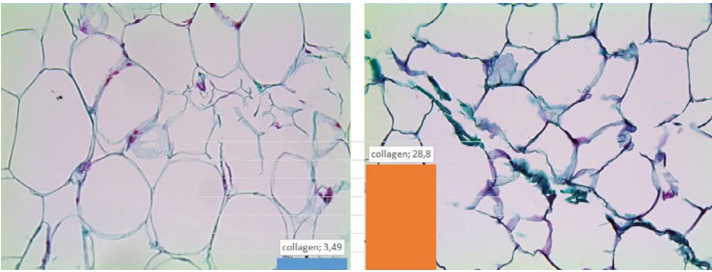
Klaus Fritz<sup>1</sup>, Jan Bernardy<sup>2</sup>, George Sonn Tiplica<sup>3</sup> &  
Alena Machovcova<sup>4</sup>

1. Dermatology and Laser Center, Landau, Germany, Universität Osnabrück, Kosmetologie und Gesundheitswissenschaften Department (Leiter Prof. Dr John), Osnabrück, Germany; 2. Veterinary Research Institute, Brno, Czech Republic; 3. Dermatology Department, University Carol Davila, Bucharest, Romania; 4. Dermatology and Venereology, University Hospital Motol, Prague, Czech Republic

HIGHLIGHTS

- **Biopsies taken before the treatment and at 3-month follow-up.**
- Stereological analysis using the trichome method.
- **Increase in collagen** content in the treated tissue on average **from 9.03 % to 25.89 %.**
- **The trial proves significant neocollagenesis and collagen remodeling** as direct effect of the treatment.

Results of stereological analysis.



3,49%, before treatment

28,8%, after full treatment

2. FRITZ, Klaus, et al. Efficacy of monopolar radiofrequency on skin collagen remodeling: a veterinary study. Dermatologic therapy, 2015, 28.3: 122-125.

THE THERAPEUTIC TEMPERATURE IN THE  
DEEP TISSUE: ADJUSTABLE COOLING ALLOWS  
EFFECTIVE HEATING IN THE FAT LAYER

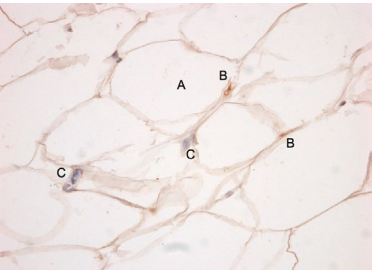
A FOCUSED MONOPOLAR RADIOFREQUENCY CAUSES  
APOPTOSIS: A PORCINE MODEL

David McDaniel M.D.,<sup>1</sup> Klaus Fritz, M.D.,<sup>2,3</sup> Alena Machovcova MD PhD  
MBA,<sup>4,5</sup> and Jan Bernardy PhD<sup>6</sup>

1. McDaniel Institute of Anti-Aging Research, Virginia Beach, VA; 2. Dermatology and Laser Centers Landau, Germany  
3. University of Osnabrück - Department of Health Sciences; 4. University Hospital Motol, Department of Dermatology and Venereology, Prague, Czech Republic; 5. Department of Occupational Medicine, 1st Faculty of Medicine at Charles University, Prague, Czech Republic; 6. Veterinary Research Institute, Brno, Czech Republic

HIGHLIGHTS

- A unique veterinary apoptosis study on Vietnamese pigs proving **terminal killing of fat cells.**
- Temperature probes evidenced fat tissue temperature increase to **42-46°C** during the treatments while maintaining safe skin temperature.
- Histological analysis of biopsies using TUNEL method proved apoptotic index increase from average of **7%** (before the first treatment) to an average of **53.4%, 39.6%, 40.2%** and **44.7%** respectively after each of the 4 treatments.
- Histopathological examination demonstrated complete safety.



Adipocyte (A) apoptotic nucleus is stained brown (B), other nuclei are blue (C) (400x).

3. DAVID MCDANIEL, M. D.; FRITZ, Klaus. A focused monopolar radiofrequency causes apoptosis: a porcine model. Journal of Drugs in Dermatology, 2014, 13.11: 1336-1340.

CONFIRMATION OF CLINICAL  
EFFICACY ACROSS MULTIPLE  
BODY PARTS

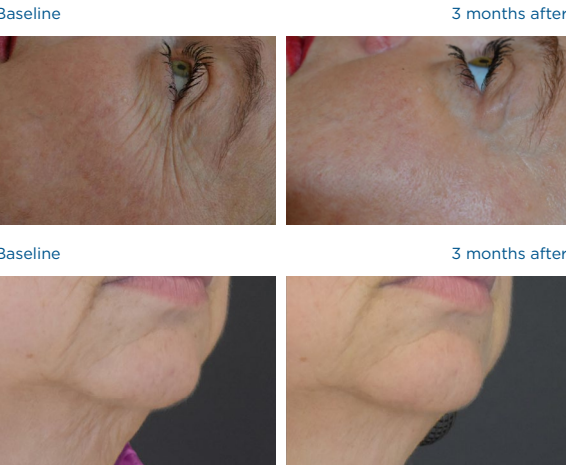
TREATING MULTIPLE BODY PARTS FOR SKIN LAXITY AND FAT  
DEPOSITS USING A NOVEL FOCUSED RADIOFREQUENCY DEVICE WITH  
AN ULTRASOUND COMPONENT: SAFETY AND EFFICACY STUDY

Suneel Chilukuri M.D.,<sup>1</sup> Dominique Denjean M.D.,<sup>2</sup> Linda Fouque M.D.,<sup>3</sup>

1. Refresh Dermatology, Houston, TX, USA; 2. Cabinet de Dermatologie Esthetique, Paris, France;  
3. Dermatologue Esthetique, Nice, France

HIGHLIGHTS

- Unique multiple body part study demonstrating **excellent results** from **head to toe.**
- 34 patients treated on **face, arms, abdomen and thighs** using the novel tips.
- 90% responsive patients for each body part.
- Highly **consistent satisfaction** of all enrolled patients.
- The study concludes superior efficacy due to **combination of RF, US and 360° emission.**



4. CHILUKURI, Suneel; DENJEAN, Dominique; FOUQUE, Linda. Treating multiple body parts for skin laxity and fat deposits using a novel focused radiofrequency device with an ultrasound component: Safety and efficacy study. Journal of cosmetic dermatology, 2017, 16.4: 476-479.



COMPARATIVE SUMMARY  
OF NON-INVASIVE  
SKINTIGHTENING DEVICES

“DEEP HEATING” NONINVASIVE SKIN TIGHTENING DEVICES: REVIEW OF  
EFFECTIVENESS AND PATIENT SATISFACTION

Suneel Chilukuri MD FAAD FASDS<sup>1</sup> and Jason Lupton MD<sup>2</sup>

1. Refresh Dermatology, Houston,TX; 2. San Diego Dermatology & Laser Surgery, San Diego,CA

HIGHLIGHTS

Comparison of all existing peer-reviewed evidence on 3 leading skin tightening devices shows that EXILIS ULTRA 360:

- **Has higher efficacy**
- **Has fewer non-responders**
- **Is less painful**
- **Generates higher patient satisfaction**

	Clinical Efficacy	Patient Satisfaction
EXILIS ULTRA 360	89–93%	77–95%
ThermaCool	47–95%	53–78%
Ultherapy	58.1–96%	65.6–95%

	Non-responsive Patients	Serious Adverse Events
EXILIS ULTRA 360	3–8%	None
ThermaCool	5–14%	Rare
Ultherapy	14–20%	Rare

	Treatment Time (Full Face)	Anesthetics
EXILIS ULTRA 360	40–45min	NO
ThermaCool	60–120min	YES
Ultherapy	60–85min	YES

5. CHILUKURI, Suneel; LUPTON, Jason, " Deep Heating" Noninvasive Skin Tightening Devices: Review of Effectiveness and Patient Satisfaction. Journal of drugs in dermatology: JDD, 2017, 16.12: 1262-1266.

DEMONSTRABLE IMPROVEMENT OF SKIN  
LAXITY, CIRCUMFERENTIAL REDUCTION  
OF THE ARMS AND REDUCTION OF  
SUBMANDIBULAR FAT PADS

DYNAMIC MONOPOLAR RADIOFREQUENCY FOR  
SUCCESSFUL NON-INVASIVE TREATMENT OF SKIN  
LAXITY AND BODY CONTOURING

R. A. Weiss, MD, FAAD, M. A. Weiss, MD, FAAD

Whitepaper

HIGHLIGHTS

- **30 patients** (28 female, 2 male) treated for facial skin laxity, neck skin laxity and arm fat reduction.
- 4 treatments **7-10** days apart.
- **93,3%** of subjects showed significant decrease in facial skin laxity.
- Average circumferential reduction for arm contour patients was **2.1cm**.
- Device proven to have consistent efficacy across various body parts while being **completely safe** (no adverse events reported) and while maintaining patient comfort.



Reduction of submandibular fat.

6. WEISS, Robert A. Noninvasive radio frequency for skin tightening and body contouring. Semin Cutan Med Surg, 2013, 32.1: 9-17

VAGINAL LAXITY  
& SEXUAL SATISFACTION

RADIO FREQUENCY VOLUMETRIC HEATING FOR  
VAGINAL LAXITY TREATMENT AND EFFECTS  
ON SEXUAL SATISFACTION

Evans, K.L.

Obstetrics, Gynecology and Wellness, Houston, TX

HIGHLIGHTS

- **51 patients** enrolled.
- All patients received 3 treatments with **EXILIS ULTRA 360**.
- Both intravaginal and extravaginal application.
- **93%** of patients experienced improvement in sexual satisfaction.
- Over **55%** of patients reported complete absence of any dysfunction 90 days post treatment.
- Vaginal Laxity Questionnaire showed vaginal tightness improvement in 96% of patients.
- **Significant improvement** of sexual life satisfaction.
- At the follow-up, all patients uniformly reported they did not feel any degree of vaginal laxity at all.
- The level of discomfort was reported in 0.03 % of treatments, with the average VAS discomfort score reaching zero.

7. EVANS, K. L. 009 Radio Frequency Volumetric Heating for Vaginal Laxity Treatment and Effects on Sexual Satisfaction. The Journal of Sexual Medicine, 2018, 15.6: S102.

HISTOLOGICAL IN VIVO STUDY:  
QUANTITATIVE IMPROVEMENT IN  
A VAGINAL TISSUE

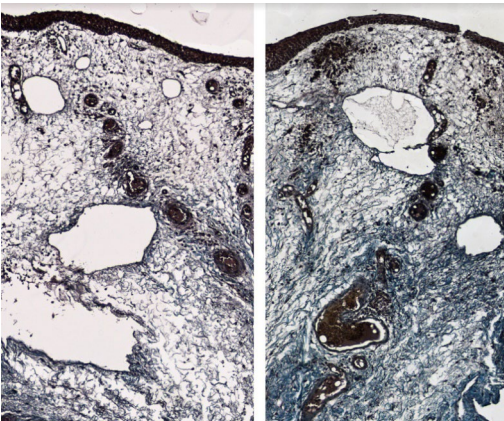
SAFETY AND MECHANISM OF ACTION  
OF NON-INVASIVE RADIOFREQUENCY TREATMENT  
FOR VAGINAL LAXITY: HISTOLOGICAL STUDY  
IN THE SWINE VAGINAL MODEL

David E. Kent MD<sup>1</sup>, Jan Bernardy MVD<sup>2</sup>

1. Dermatologic Surgery Specialists, Macon, Georgia; 2. Veterinary Research Institute Brno, Czech Republic

HIGHLIGHTS

- **EXILIS ULTRA 360** once per week for the course of three weeks.
- **Biopsy specimens** and ultrasound video measurements were obtained after each treatment and follow-up session.
- The results showed a measurable **increase in elastin (36.8%)** and **collagen fibers (17.1%)**.



An example of comparison of elastin content after 1st treatment (left) and at 1-month follow-up (right). An increase of 36.5% in elastin content (from 14.6% to 51.1%) was observed.

8. KENT, David E. Safety and mechanism of action of non-invasive radiofrequency treatment for vaginal laxity: histological study in the swine vaginal model. 2018 ASLMS

MONOPOLAR RF IS AN EFFECTIVE AND SAFE TREATMENT OF SUI AND VULVO-VAGINAL LAXITY

EVALUATION OF THE SAFETY AND EFFICACY OF A MONOPOLAR NONABLATIVE RADIOFREQUENCY DEVICE FOR THE IMPROVEMENT OF VULVO-VAGINAL LAXITY AND URINARY INCONTINENCE

Shelena Lalji M.D.<sup>1</sup>, Paula Lozanova M.D.<sup>2</sup>

1. Dr. Shel Wellness & Medical Spa, Houston,TX, USA

2. Department of Dermatology and venerology, Medical University, Sofia, Bulgaria

HIGHLIGHTS

- 27 women with indications of mild/moderate **stress urinary incontinence** (SUI) as well as vulvovaginal laxity.
- Three once-a-week sessions.
- Intravaginal treatment followed by treatment of labia majora and the perineum.
- 26 subjects reported a **decrease in the frequency of urine leak**.
- 15 women **becoming completely leak-free** at the 1-month follow-up.
- All subjects reported **improvement in vaginal laxity**.
- High satisfaction rate when evaluating **improvement in sexual gratification**.

My sexual gratification improved

strongly agree

slightly disagree

agree

disagree strongly

slightly agree

disagree

6; 22%

8; 30%

13; 48%

Sexual gratification improvement (Post-treatment)

9. LALJI, Shelena; LOZANOVA, Paula. Evaluation of the safety and efficacy of a monopolar nonablative radiofrequency device for the improvement of vulvo-vaginal laxity and urinary incontinence. Journal of cosmetic dermatology, 2017, 16.2: 230-234.

IMPROVEMENT IN THE APPEARANCE OF WOMEN’S INTIMATE PARTS

LABIAL TISSUE REJUVENATION AND SEXUAL FUNCTION IMPROVEMENT USING A NOVEL NON-INVASIVE FOCUSED MONOPOLAR RADIO FREQUENCY DEVICE.

Zeljka Clark, M.D.

Rahima Moosa Mother and Child Hospital, O&G, Johannesburg, South Africa

HIGHLIGHTS

- 19 women treated with **ULTRA FEMME 360**
- Sexual satisfaction measured by FSFI increased from 63 % to 90 % at 1 month and remained at **83 %** one year after the treatments
- No non-responding** patients
- 18 out of 19 women reported moderate or **excellent improvement** in the appearance of their intimate parts.

Changes in sexual function

FSFI Dimension	Pre Tx	1-Month post Tx
Desire	3.15 ± 0.90	4.68 ± 0.93
Arousal	3.43 ± 1.23	5.33 ± 0.43
Lubrication	3.25 ± 1.23	5.47 ± 0.68
Orgasm	3.41 ± 0.95	5.49 ± 0.47
Satisfaction	3.55 ± 0.95	5.52 ± 0.70
Pain	5.80 ± 0.75	5.89 ± 0.23
TOTAL	22.59 ± 4.00	32.38 ± 1.68

Data are mean ± SD

10. CLARK, Zeljka. Labial tissue rejuvenation and sexual function improvement using a novel noninvasive focused monopolar radio frequency device. Journal of Cosmetic and Laser Therapy, 2018, 20.2: 66-70.

SUPPORTED BY EXTENSIVE RESEARCH

Post procedure thermography scan of face and abdomen.

Post procedure thermography scan of periorbital area and cheeks.

Post procedure thermography scan of abdomen.

EXILIS ULTRA 360™

# WHY PHYSICIANS SAY YES TO

## FROM HEAD TO TOE

Five different tips enable treatment of different indications on **more than 20 areas**.



## SUITABLE FOR EVERY BODY

No BMI, skin type or sex restrictions.



## EXCEPTIONAL ROI

No costly consumables and many years of proven **reliability** contribute to fast ROI.



# EXILIS ULTRA 360

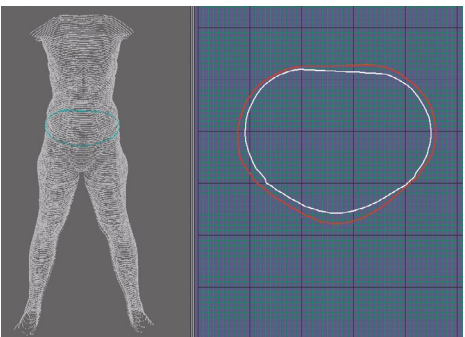
## ULTRA 360° TECHNOLOGY

The only simultaneous combination of **monopolar radiofrequency** and **ultrasound** with brand new **360° technology** for shorter treatments and even more consistent results.



## FAST & LASTING RESULTS

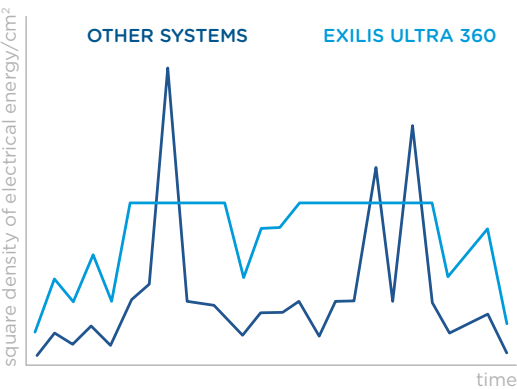
Short treatment times with **early visible results** for different indications on various body areas are supported by **strong clinical evidence**.



Prevas laser system – compares and measures dimensions and changes.

## ULTIMATE TREATMENT CONTROL

Due to the integrated **EFC technology** and **Impedance Intelligence**, any risk of overheating is minimized.





# LISTEN TO YOUR PEERS



**Jason Lupton, M.D.**  
San Diego Dermatology & Laser Surgery  
San Diego, CA

"I would estimate that more than 75% of the patients I see who undergo an Exilis Ultra 360 procedure end up doing at least one other body area because they were pleased with their initial treatment in such a short time."



**Suneel Chilukuri, M.D.**  
Refresh Dermatology  
Houston, TX

"What I found with the Exilis Ultra is there is no limitation. The only limitation is our imagination. So I can treat any part of the body on either sex."



**Grace Liu, M.D.**  
Newport Beach Dermatology  
Newport Beach, CA

"Patients become really excited about their next application because they see the results so quickly. There aren't too many devices on the aesthetic market that people will say they love and need to have. This is one of them."



**M. Christine Lee, M.D., M.P.H.**  
The Skin and Laser Treatment Institute  
Walnut Creek, CA

"The Ultra Femme is a quick, easy to perform, non-invasive procedure with no downtime that is a safe and effective treatment to help with feminine issues."

